

Summer Skin

This summer, don't just take your skin to the beach — take care of it with advanced products to clear up acne and protect from harmful rays.

See Audrey List for shopping info.

EDITOR Anne H. Kim

Zap It — Best Acne Products



Jua Red Sandalwood and Milk Face Mask
Indonesians use red sandalwood to treat skin irritations like acne. Just add water or milk.



Clearogen
The natural ingredients and prescription-strength formula cleared up our cystic acne.



Glominerals gloBlemish Stick
Salicylic acid, antioxidants and just enough cover-up for touch-ups.



Dermalogica Acne Prone Skin Kit
The perfect acne-fighting travel kit.



Benefit Whoosh! Acne Medication Foaming Face Wash
We love this! It's the mildest face wash with 2% salicylic acid we've tried.



e.l.f. Clarifying Pressed Powder
For just a buck, eliminate shine, while treating and preventing break-outs.



Renee Rouleau Tea Tree Blemish Cream
So nifty! A cooling gel moisturizer with salicylic acid to help heal acne.



Renee Rouleau AHA/BHA Cleansing Gel
An all-in-one nondrying cleanser with jojoba beads, that's great for all skin types.



Sonya Dakar Drying Potion
Dab a little on before bed to dry out zits and help rejuvenate cells.



Stridex Day and Night
An ingenious dual purpose pump that won't dry out skin.



Skin Tips

Dermatologist

Dr. Jessica Wu offers practical tips on acne- and sun-related concerns.

■ **Reapply sunscreen midday?** After a few hours, sunscreens lose their potency. The sunscreen you carefully applied in the morning is gone by midday. Since most of us don't have time to redo our makeup, touch up with a powder foundation that contains SPF. Try Shiseido Sun Protection Compact Foundation SPF 34, which can be used wet or dry.

■ **Sun protection when there's no sun?** You can get sunburned even on a cloudy day. Studies show that 80 percent of UV rays pass through the clouds. At the beach, the sand will reflect 17 percent of those rays back onto your skin. So be sure to wear your sunscreen even if it looks cloudy outside.

■ **Pasty sunscreen** Some sunscreens, especially those

with titanium dioxide, can look pasty on Asian skin. Look for one with transparent zinc oxide, like my AntiAging SunCare SPF 32, which rubs in clear with no white residue. An added benefit: zinc provides broad spectrum protection against UVA (aging) and UVB (burning) rays so it can help reduce those nasty skin discoloration and dark patches we Asians are prone to.